



Newsletter

No. 4

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## Living Our Mission

Linda and Jared are back to doing what they do best, preparing tasty meals. Instead of sitting on our hands, the BRCC staff wants to make sure that we are fulfilling our mission to the greater community. This morning Jared and Linda prepared and delivered 100 box meals to take to the Casting Bread Food Pantry. Those meals will be handed out the many people who use Casting Bread for their food insecurity needs. Thanks to our staff and the Casting Bread staff for their dedication!



## Staff Dog



Hi Y`all! My name is Rooney and Martha Shore is my human. I was born on St. Patrick's Day 2018. I am named after the late owner of the Pittsburgh Steelers, Dan Rooney. My human has a slight obsession with the Steelers. Just like her, Troy Polamalu is my favorite Steeler.

I love coming to work. I play ball with the staff, and I especially enjoy when our guests stop by to give me snuggles and pet me. Stop by and say hi next time your are here. And bring a bone!

## Ted's Talk



### ***Hanging On.***

Happy Easter to you all! I bring greetings to you from the Blowing Rock Conference Center. Winter is still holding on here in the mountains of North Carolina. The weather in the mountains has been a lot like my emotions and I am sure many of yours. One day it will be sunny, warm, and beautiful, and the next day there will be 60 mph winds and snow will blow sideways. Similarly, my emotions swing from optimism to pessimism. For a while I let this go on, but pessimism and cynicism can be toxic emotions. For the sake of my sanity,

**[READ THE FULL LETTER](#)**

**BLOWING ROCK CONFERENCE CENTER**  
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